AUGUST 2024

News from the Hills

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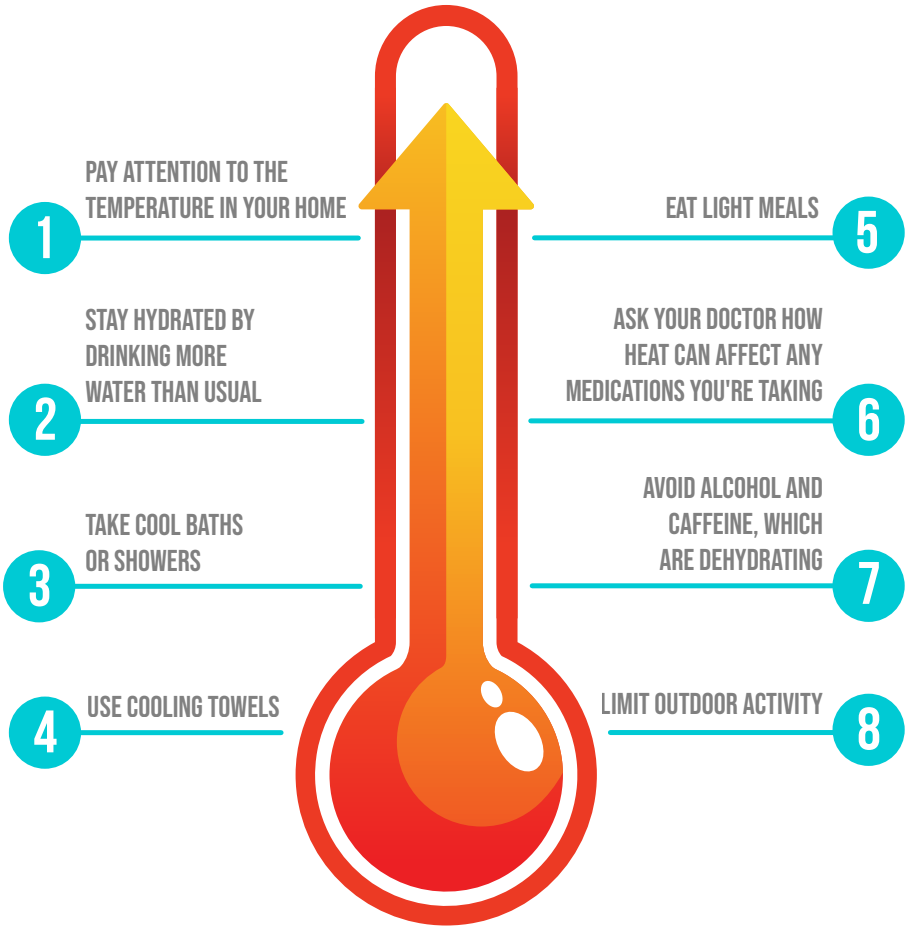
TIPS FOR STAYING COOL THIS SUMMER.

There's nothing quite like soaking up the summer sun after enduring the long, chilly winter and spring months. But when the heat and humidity start to become overwhelming, staying cool can be a challenge.

Here are a few tips to help you beat the summer heat:



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PRESIDENT	**Tonya Ferguson**
817-233-7663	tfergie1016@hotmail.com
VICE PRESIDENT	**Cynthia Brink-Fenney**
214-394-3001	brinkassociates@gmail.com
SECRETARY	**Crystal Thomas**
817-907-6209	crystalh3408@yahoo.com
TREASURER	**Barbara Ragsdale**
817-939-6164	ragsdale412@gmail.com
PARLIAMENTARIAN	**Kristina Lund**
	kristinanlund@gmail.com

GENERAL BOARD & COMMITTEE MEMBERS

CITY/NEIGHBORHOOD LIAISON COORDINATOR	**Kris Reynolds**
817-480-9373	kreysooner@sbcglobal.net
NEWSLETTER EDITOR & WEBSITE	**Madelyn Wattigney**
817-903-2583	mcwattigney@gmail.com
SOCIAL MEDIA	**Marissa Davis**
817-422-4104	riss.nove6@gmail.com
PROGRAM/SOCIAL ACTIVITIES COORDINATOR	**Tonya Ferguson**
817-233-7663	tfergie1016@hotmail.com
BEAUTIFICATION COORDINATOR	**Pam Nelson**
816-812-5701	mommanelson48@gmail.com
HOSPITALITY COORDINATOR	**Marissa Davis**
817-422-4104	riss.nove6@gmail.com
WINE NIGHT COORDINATOR	**Nichelle Lang**
214-868-4741	ndm_niki@yahoo.com
WELCOME, GET WELL & BEREAVEMENT	**Kris Reynolds**
817-480-9373	kreysooner@sbcglobal.net

MARK YOUR CALENDAR

Eastern Hills Wine Night
Thursday, August 22, 2024
1509 Danciger — 6:30 PM - 8:30 PM

Prairie Sky/Star Party
Saturday, September 7, 2024 begins at sunset
Tandy Hills Park, 3325 View St., FTW, 76103
tandyhills.org/prairie-sky-/-star-party

Eastern Hills Bulk Waste Collection Week
Monday,September 9, 2024
Place items at the curb by 7AM Monday

EHNA General Meeting
Tuesday, Septeber 17, 2024 • 6:30 - 8 PM
Eastern Hills High School Library

Eastern Hills Wine Night
Thursday, September 27, 2024
5763 Blueridge — 6:30 PM - 8:30 PM

Eastern Hills National Night Out
Tuesday, October 2, 2024 • 6:30 PM - 8:30 PM
{more details in the September newsletter}

denotes special EHNA events

Be happy it really annoys negative people.

hello from Tonya Ferguson

PRESIDENT, EASTERN HILLS NEIGHBORHOOD ASSOCIATION

Hello Eastern Hills,

I cannot believe it is August! This year is flying by quickly. We have been blessed with a fairly mild summer so far, but I know August will have something to say about that. Thank you to everyone who came out to attend our 4th of July Parade and Cookout. It was a wonderful event.

The new school year is about to begin, and Eastern Hills Elementary and Eastern Hills High School are starting the year with new principals, Meeka Mays (elementary) and Tremayna Thomas (High school). Our neighborhood looks forward to working with the principles and schools during the 2024-2025 school year. A meeting was held in June where many of the neighbors were able to meet the new principals, law enforcement and Tobi Jackson, our District 2 school board trustee and Eastern Hills resident. We are working together to support our schools, deter crime and address problems together. Tobi Jackson is working to have these meetings happen throughout the year.

Our next general meeting will be held on Tuesday, September 17, 2024. Our speaker will be Brendon Wheeler, the Program Manager for Transportation Planning at NCTCOG. He will be discussing the high-speed rail project. Please mark your calendars to attend.

Tonya

WINE NIGHT

Come out to the next Eastern Hills Wine Night for sipping, eating and mingling with friends and neighbors.

Thursday, August 22, 2024

6:30 PM - 8:30 PM

1509 Danciger Dr • Host: Arturo Alvarez

Please bring a snack/appetizer and a bottle of wine to share.

Would you like to host a Wine Night?

Contact: Nichelle Lang • 214-868-4741

Future Dates:

Friday, September 27
5763 Blueridge Drive
Hosted by: *Kristina and Eli Lund*

Thursday, October 17
1701 Yolanda Drive
Hosted by: *Pam and Jim Nelson*

Eastside News

MEADOWBROOK GOLF COURSE

Reported by Cynthia Brink and Carlos Fenny

Perched at our patio doors the past few weeks, we've been watching a dirt-filled-moonscape begin to look more like a golf course. We've seen new drainage and irrigation pipes go in, the land become smoother, and the application of topsoil. New pathways have been cut in front of our property, ready for the concrete to follow. The Meadowbrook Golf Course website reports that as of July 17, concrete trucks are onsite, the pathways around tee 15 are being completed, and 7 green is almost complete.

Carlos and I attended a Central Meadowbrook neighborhood association meeting in June to hear an update from the city. Carlos brought it to their attention that heavy equipment creating the perimeter cart paths was hitting tree limbs, and he suggested that they trim those branches to avoid additional damage. This past week, a crew trimmed those trees! We also helped neighbors on Blueridge report a large stand of poison ivy that straddles the line between their property and the golf course. From our view the project team seems to be responsive and focused, and crews seem to be out every day, Monday through Saturday.

Renovating Meadowbrook Golf Course will take just over $13 million with voters approving $7 million in the 2022 bond election, for the first phase. Construction is expected to finish by summer 2025.

WEST NILE VIRUS

Tarrant County Public Health (TCPH) has confirmed West Nile Virus (WNV) positive mosquito samples collected from testing sites near Eastern Hills.

A positive sample was collected in your area:

- **2001 Sandy Ln, 76112**
- **901 Woodhaven Blvd, 76112**

It's extremely important that our community continue to work together to reduce the mosquito population by removing mosquito habitats from their property and remind their neighbors to do the same.

Continued vigilance when it comes to preventing the spread of mosquito viruses in our community is essential. The most effective means of protection, even more than spraying, is to stay focused on the reduction of the mosquito population:

- Please remove all standing water in empty flower pots, pet bowls, outdoor toys, etc.
- You can help by keeping your grass mowed, gutters cleaned, trees trimmed, and dried leaves raked.
- Maintain your swimming pool.
- When you're outdoors, remember to wear repellent that contains DEET.
- Limit outdoor activities from dusk to dawn, and wear clothing with long sleeves and pants when applicable.

For more info:
https://www.fortworthtexas.gov/departments/environmental-services/public-health/mosquitoes/westnile

Tasty Treats

These homemade granola bars are so much better than any kind you'd buy at the store. They're easy to make, and they're chewy, nutty, and delicious.

Chewy Granola Bars

INGREDIENTS:

- 2 cups rolled oats
- 1 cup sliced almonds
- 1 cup loosely packed unsweetened shredded coconut
- 1 1/2 cups dried cherries
- 1/2 cup honey
- 1/4 cup lightly packed light brown sugar
- 3 tablespoons unsalted butter
- 1/4 teaspoon kosher salt
- 1/2 vanilla bean, split lengthwise
- 1/3 cup mini semisweet chocolate chips

INSTRUCTIONS:

1. Preheat the oven to 325°F. Line a sheet pan with parchment paper.
2. Spread the oats and almonds on the pan and bake until the almonds are fragrant, about 10 minutes. Add the coconut and bake until the coconut and oats are lightly toasted and the almonds are golden, about 5 minutes longer. Pour the mixture into a large heatproof bowl and add the cherries.
3. In a small saucepan, combine the honey, brown sugar, butter, and salt. Scrape the vanilla seeds into the pan and add the vanilla pod. Cook over medium heat, stirring occasionally, until the butter is melted and the sugar is dissolved, about 5 minutes. Set aside to cool for 10 to 15 minutes. Carefully remove the vanilla pod, using a small knife to scrape any remaining seeds into the pan.
4. Pour the honey mixture over the oat mixture and stir to combine. Add half the chocolate chips and stir to combine.
5. Line a 9 x 13-inch baking dish with parchment paper, allowing the paper to extend past the sides to use as a lift later. Spread the mixture into the dish and press down with the back of a silicone spatula. Sprinkle the remaining chocolate chips over the mixture and press firmly to set.
6. Refrigerate for at least 2 hours.
7. Lift the block from the pan using the parchment and place it on a cutting board. Cut the block into squares or other desired shapes or crumble and use to top vanilla ice cream.

Recipe Submitted by Crystal Thomas

JULY 4TH 2024 MEMORIES

STAR
SPANGLED

JEANETTEMARTINEZ

BEAT the HEAT

August in Fort Worth can be scorching, but that doesn't mean you have to stay cooped up at home. The city offers a variety of indoor activities that allow you to escape the heat while still enjoying everything Fort Worth has to offer. From world-class museums to vibrant entertainment centers, here's a guide to the best indoor spots to explore.

KIMBELL ART MUSEUM www.kimbellart.org

The Kimbell Art Museum is a cultural gem in Fort Worth, renowned for its impressive collection of European, Asian, and ancient art. The museum's peaceful, air-conditioned galleries are a perfect retreat from the summer heat, offering a tranquil environment to appreciate masterpieces by artists like Matisse and Monet. Don't miss the museum's special exhibitions, which often feature works on loan from other prestigious institutions.

FORT WORTH MUSEUM OF SCIENCE AND HISTORY www.fwmuseum.org

For a fun and educational experience, the Fort Worth Museum of Science and History is an ideal destination for all ages. The museum features a variety of interactive exhibits that explore topics like space, dinosaurs, and local history. The Noble Planetarium and the Omni Theater, with its IMAX dome, offer immersive experiences that are both entertaining and cool—literally!

THE MODERN ART MUSEUM OF FORT WORTH www.themodern.org

The Modern Art Museum of Fort Worth is a haven for contemporary art lovers. Its striking architecture, designed by Tadao Ando, is as much a work of art as the pieces it houses. Inside, you'll find an extensive collection of post-World War II art, including works by artists like Jackson Pollock and Andy Warhol. The museum's serene, minimalist galleries provide a refreshing contrast to the outside heat, making it a perfect place to spend a quiet afternoon.

5. Amon Carter Museum of American Art
www.cartermuseum.org

The Amon Carter Museum of American Art offers a deep dive into the history of American creativity. With a focus on 19th and 20th-century American art, the museum's collection includes works by artists such as Georgia O'Keeffe and Frederic Remington. The museum's intimate, climate-controlled galleries make it easy to spend hours exploring the rich tapestry of American art without worrying about the heat outside.

NATIONAL COWGIRL MUSEUM AND HALL OF FAME www.cowgirl.net

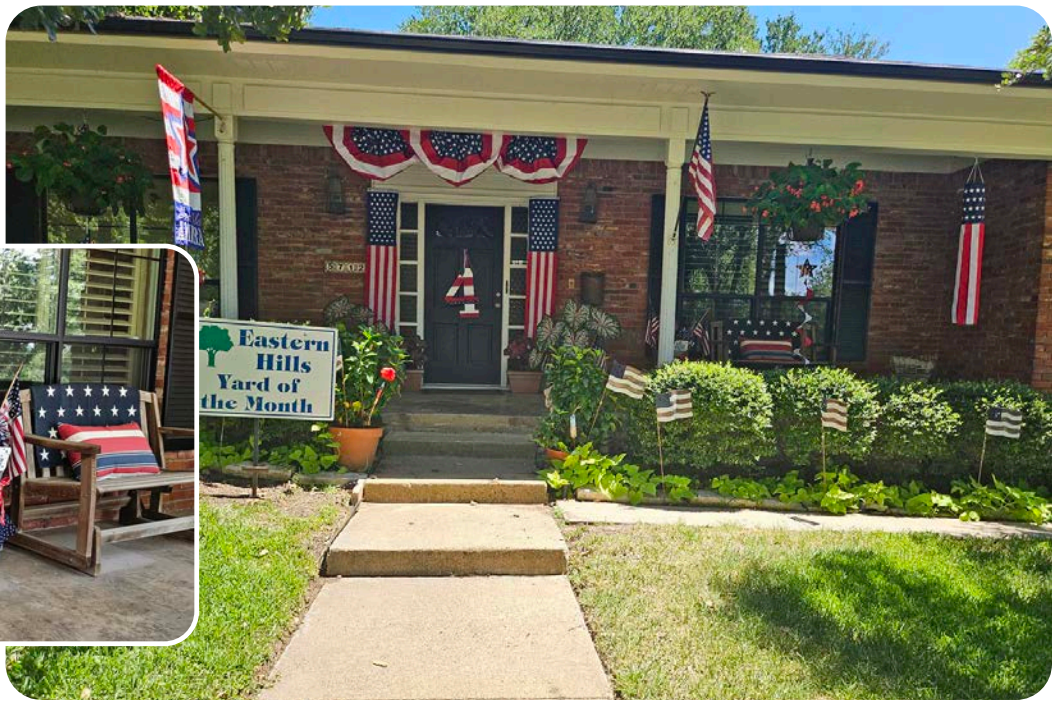
Celebrate the spirit and resilience of women in the American West at the National Cowgirl Museum and Hall of Fame. This unique museum offers interactive exhibits that highlight the contributions of cowgirls, ranchers, and other pioneering women. It's a fascinating and inspiring place to visit, offering a cool escape into the rich history of the West.

Fort Worth has no shortage of indoor activities to help you stay cool this August. Whether you're interested in art, history, or entertainment, there's something for everyone to enjoy while escaping the summer heat. So, plan your next outing, and discover the rich culture and fun experiences that Fort Worth has to offer—all in the comfort of air conditioning.

Yard of the Month

JULY 2024

5712 Azteca Drive
Congratulations to
Melanie and Terry Kepley
for receiving the EHNA
July Yard of the Month!



AUGUST 2024

1608 Azteca Drive
Congratulations to
Jo Lynn and Michael Ritter
for receiving the EHNA
August Yard of the Month!

TREASURER REPORT

Eastern Hills Neighborhood Association
Comparative Profit & Loss
Seven Months Ended July 31, 2024 and 2023

		Jan-July 24	Jan-July 23	$ Change
Income				
	Advertising	$ 750.00	$ 1,080.00	(330.00)
	Membership dues	925.00	1,400.00	(475.00)
	Plant Sale	1,149.44	984.37	165.07
Total Income		2,824.44	3,464.37	(639.93)
Expense				
	Printing-Kwik Print	128.25	132.15	(3.90)
	Printing - Speedpro	-	289.57	(289.57)
	Printing -Print Place	-	185.65	(185.65)
	Donations		-	-
	W. Handley Teachers	151.54	-	151.54
	Meeting expense	11.25	-	11.25
	PO Box 1 YR Renewal	-	-	-
	Rent expense	-	-	-
	Square Reader	-	-	-
	Goggle Acct	25.05	-	25.05
	Website: Name & Hosting	-	168.26	(168.26)
	Zoom Acct Renewal	-	159.20	(159.20)
	EHHS Basketball	-	33.53	(33.35)
	Wine Night Supplies	-	67.55	(67.55)
	Plant Sale Expenses	33.39	49.28	(15.89)
	Garage Sale Signs	-	29.04	(29.04)
	Event Tent	-	311.74	(311.74)
	Potluck Dinner Meat	61.36	77.43	(16.07)
	Other	102.63	97.65	4.98
	July 4th parade/picnic	201.00	151.78	49.22
	National Night Out	-	-	-
	Fall Festival	-	-	-
	Holiday party	-	-	-
Total expense		714.47	1,752.83	(1,038.07)
Net operating income		2,109.97	1,711.54	398.43
Other Income (Expense)				
	Interest Income	80.38	78.70	1.68
Net Other Income (Expense)		80.38	78.70	1.68
Net Income		$ 2,190.35	$ 1,790.24	$ 400.11
Cash in Bank				
	Wells Fargo Checking	$ 12,201.79	$ 9,929.01	
	CD Pinnacle	7,793.60	7,551.14	
Total cash in bank		$ 19,995.39	$ 17,480.15	

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— Winnie The Pooh

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COMMUNITY RESOURCES

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C: 817.994.8479 **O:** 817.392.4800
e-mail: roger.cannon@fortworthtexas.gov

CODE COMPLIANCE: IBN ABDUL-RAHMAN, East District
C: 817-392-6032
e-mail: Ibn.Abdul-rahman@fortworthtexas.gov

CITY COUNCIL MEMBER: JEANETTE MARTINEZ, District 11
O: 817-392-8811
e-mail: District11@fortworthtexas.gov

COMMUNITY ENGAGEMENT:
Hazel Harvey Peace Center for Neighborhoods
O: 817-392-6201 **e-mail:** engagement@fortworthgov.org

MAYOR OF FORT WORTH: MATTIE PARKER,
O: 817-392-6118 **FAX** 817-392-6187
e-mail: mattie.parker@fortworthgov.org

FWISD TRUSTEE: TOBI JACKSON, District 2
O: 817-457-7816 **e-mail:** tobi.jackson@fwisd.org

CODE BLUE CAPTAIN: ROGER WOERNER
T: 817-319-4215 **e-mail:** rosswo2@swbell.net

ADVERTISING RATES

Business Card:	$10 per month	• $100 per yr
1/4 Page:	$25 per month	• $250 per yr
1/2 Page:	$50 per month	• $500 per yr
Full Page:	$100 per month	• $1,000 per yr

Paid advertisements may be submitted to mcwattigney@gmail.

Ad payments should be sent by mail to:
PO Box 8294, Fort Worth, TX 76124-0294

Checks are made payable to: EHNA Any ad that has not been paid within 60 days of renewal will be removed until paid.
EHNA reserves the right to publish and accept or reject submissions for its publication. Acceptance of any ad by EHNA does not imply endorsement.

"News from the Hills" is published 11 times per year. Its purpose is to keep members informed of upcoming events in the Eastern Hills Neighborhood and Fort Worth area.

Newsletter Submissions: The deadline for submissions is the 1st of each month by email to: mcwattigney@gmail.com. Please include your name and phone number.

JOIN ONLINE @ www.EasternHillsFortWorth.com

2024 Eastern Hills Neighborhood Association Membership Application

Name/Names: _____

Address: _____

Email Address: _____

Email Address: _____

Telephone: Home: _____ Cell: _____ Work: _____

Please Select Your Newsletter Version

☐ Digital: Emailed Interactive PDF

☐ Printed: Delivered to Your Home

Participation Opportunity
Eastern Hills Neighborhood Association exists because residents like you volunteer to serve as officers, board members, planners, newsletter couriers, Code Blue and more. Volunteer positions are always available.

☐ Yes, Call Me — I would like to help

☐ No, Thank You — Maybe later

Annual Dues
Your 2024 dues are $25.00 per household. Please make your checks payable to EHNA. Mail your application to:

EASTERN HILLS NEIGHBORHOOD ASSOCIATION • PO BOX 8294 • FORT WORTH, TEXAS 76124-0294