



News from the Hills

Published by the Eastern Hills Neighborhood Association • Fort Worth, Texas

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EXECUTIVE OFFICERS

PRESIDENT Julie West
469-569-0446 westjulianam@gmail.com

VICE PRESIDENT Barbara Boyett
817-475-2939 bboyett@sbcglobal.net

SECRETARY Crystal Thomas
817-907-6209 crystalh3408@yahoo.com

TREASURER Barbara Ragsdale
817-939-6164 ragsdale412@gmail.com

PARLIAMENTARIAN Diane Wahl
214-450-8468 dianewahl@yahoo.com

GENERAL BOARD & COMMITTEE MEMBERS

CITY/NEIGHBORHOOD LIAISON COORDINATOR Kris Reynolds
817-480-9373 kreysooner@sbcglobal.net

NEWSLETTER EDITOR & WEBSITE/SOCIAL MEDIA Madelyn Wattigney
817-903-2583 mcwattigney@gmail.com

PROGRAM/SOCIAL ACTIVITIES COORDINATOR Tonya Ferguson
817-233-7663 tfergie1016@hotmail.com

BEAUTIFICATION COORDINATOR Pam Nelson
816-812-5701 mommanelson48@gmail.com

HOSPITALITY COORDINATOR Wesley Taylor
817-305-6246 wesleyetaylor@yahoo.com

WINE NIGHT COORDINATOR Nichelle Lang
214-868-4741 ndm_niki@yahoo.com

WELCOME, GET WELL & BEREAVEMENT Kris Reynolds
817-480-9373 kreysooner@sbcglobal.net

MARK YOUR CALENDAR



EHNA Monthly Wine Night - September

Thursday, September 21, 2023 • 6:30 - 8:30 PM
The Nelsons @ 1701 Yolanda

Fort Worth Oktoberfest

September 21 - 23, 2023
Trinity Park, 1100 Trail Drive 76107
www.fortworthoktoberfest.com

State Fair of Texas

Friday, September 29– Sunday, October 22, 2023
Fair Park • 1300 Robert B Cullum Boulevard
Dallas, TX 75210
bigtex.com/

National Night Out

Tuesday, October 3, 2023 • 6:30 - 8:00 PM
Eastern Hills Neighborhood
Island at Yolanda and Jacqueline
{more details on page 4}

Fall Plant Sale 2023 — Fort Worth Botanic Garden

October 6-7, 2023
3220 Botanic Garden Blvd
Fort Worth, Texas 76107
fwbg.org

Eastern Hills Bulk Waste Collection Week

Monday, October 9, 2023
Place items at the curb by 7AM Monday

Music in Sundance Square

Each Friday, Saturday and Sunday • 7 - 10 PM
Instagram @SundanceSquareMusic
for a detailed schedule

Eastern Hills NA Fall Fest

Saturday, November 4, 2023 • 3:00 PM - till
1744 Vinewood
{more details on page 4}



from Julie West

PRESIDENT, EASTERN HILLS NEIGHBORHOOD ASSOCIATION

Dear Fellow Neighbors and Friends,

We made it to cooler weather!! It has been a tough summer, but we survived, and we are stronger. I am so proud of all of us for hanging in there and persevering even when it felt like we may never make it below 100 degrees. The fall season will be great and worth the wait. Many exciting neighborhood activities are scheduled, and you are cordially invited to all of them. This newsletter and the EHNA website have the events listed with times and locations. I would love to see you at one or all of them!

Did you know that your EHNA membership expires at the end of each year? I can't think of a better value for \$25.00 than a yearly membership to our organization. Why should you join? First and foremost, I believe the Neighborhood Association wants the very best and highest good for our neighborhood. That being said, your EHNA board works diligently to stay up to date on governmental, social happenings and areas of concern affecting Eastern Hills and the surrounding areas. We live in this neighborhood for many reasons, and I believe we want to keep it one of the greatest areas in Fort Worth. Join us for one of our events to find out even more reasons why your membership matters and what you have to gain by becoming a member.

I look forward to seeing you all again at our fall events. I'd love to share a laugh, story or just catch up with you. — Creatively, Julie West

Eastern Hills Neighborhood Association Comparative Profit & Loss Eight Months Ended August 31, 2023 and 2022			
	Jan-Aug 2023	Jan-Aug 2022	\$ Change
Income			
Advertising	\$ 1,080.00	\$560.00	\$ 520.00
Membership dues	1,400.00	1,291.84	108.16
Plant sale	984.37	542.84	441.53
Total Income	3,464.37	2,394.68	1,069.69
Expense			
Printing expense-Kwik	151.15	112.70	38.45
Printing expense-Speedpro	289.57	163.46	126.11
Printing expense-Printplace	185.65	153.17	32.48
Donations	-	-	-
Meeting Expense	-	-	-
PO Box Renewal 1 Yr.	-	-	-
Rent expense	-	-	-
Square Reader	-	10.80	(10.80)
Website Name & Hosting	168.26	-	168.26
Zoom Acct Renewal	159.20	116.46	42.74
Amazon Prime	150.47	-	150.47
EHNA EH Basketball	33.53	-	33.53
Plant Sale Expenses	49.28	-	49.28
Garage Sale Signs	29.04	-	29.04
Event Tent	311.74	-	311.74
PotLuck Dinner - Meat	77.43	57.77	19.66
Other	97.65	-	97.65
July 4th Parade/Picnic	151.78	75.76	76.02
National Night Out	-	-	-
Fall Festival	-	-	-
Holiday Paty	-	-	-
Wine Night Supplies	67.55	-	67.55
Total expense	1,922.30	690.12	1,232.18
Net operating income	1,542.07	1,704.56	(162.49)
Other income (expense)			
Interest income	78.70	20.76	57.94
Wine Night Donations	-	15.00	(15.00)
Net other income (expense)	78.70	35.76	42.94
Net Income	\$ 1,620.77	\$ 1,740.32	\$ (119.55)
Cash in Bank			
Wells Fargo Checking	9,910.01	\$ 9,926.45	
CD Pinnacle	\$ 7,551.14	7,478.90	
Total cash in bank	\$ 17,461.15	\$ 17,405.35	

WINE NIGHT

Come out to the next Eastern Hills Wine Night for sipping, eating and mingling with friends and neighbors.

Thursday, September 21, 2023

6:30 PM - 8:30 PM

@ 1701 Yolanda

Hosts: The Nelsons

Please bring a snack/appetizer and a bottle of wine to share.

Would you like to host a Wine Night?

Contact: Nichelle Lang • 214-868-4741



With tidings of cooler temps
and cozy fires come

Celebrate the Season

at the Eastern Hills Fall Festival

The event will be filled with **homemade
chili, corn hole & more**

Also, the opportunity to hangout with
both old and new neighbors.

Please bring a dessert to share.

*Don't miss this
exciting event!*

Saturday, November 4, 2021

3:00 PM - till

Host: Julie & Volker Timm

@1744 Vinewood



POLICE • COMMUNITY PARTNERSHIPS

NATIONAL NIGHT OUT **Tuesday, October 3, 2023**

Join us as we celebrate **NATIONAL NIGHT OUT**
and our neighborhood. Take the time out to
come and meet members of the Fort Worth
Police, Fire Department, and Code Compliance
who are working to provide a safer Eastern Hills.

This year we are mixing it up and having an
ISLAND ICE CREAM PARTY!!!

The EHNA will supply the music, toppings,
bowls and utensils.

Bring your favorite ice cream
(store-bought or homemade) or dessert.
Don't forget your lawn chair.

LOCATION:

The island at Yolanda and Jacqueline

TIME: 6:30PM – 8:30PM

EHNA: Looking Ahead to 2024

As we approach 2024, the Eastern Hills Neighborhood Association (EHNA) board is eagerly embarking on event planning for the upcoming year. We are enthusiastic about the array of opportunities that lie ahead, aiming to enhance the association's growth and positively impact the quality of life in Eastern Hills.

Joining the EHNA can offer several benefits and reasons for residents to consider:

Community Engagement: Joining the neighborhood association allows you to become actively involved in your community. You can participate in local events, meetings, and initiatives that aim to improve the quality of life in your neighborhood.

Voice in Local Issues: The EHNA often serves as a collective voice for residents when dealing with local government and city officials. By being a member, you can contribute to discussions and decisions regarding issues that affect your community, such as zoning, development, safety, and infrastructure improvements.

Information and Updates: Membership often comes with access to valuable information about what's happening in your neighborhood. This includes updates on local projects, upcoming events, and safety concerns.

Networking and Social Opportunities: The EHNA provides a platform for residents to meet and connect with their neighbors. This can foster a sense of community, create new friendships, and strengthen the social fabric of the neighborhood.

Safety and Security: With our newly formed Block Captain program we are focusing on new safety initiatives, such as neighborhood watch programs. Joining EHNA can help improve the overall safety and security of your community.

Property Values: Our well-organized and active neighborhood association has a positive impact on property values. Efforts to maintain and improve the neighborhood, including landscaping and beautification projects, can make your area more attractive to potential buyers and residents.

A Sense of Belonging: Belonging to a neighborhood association can instill a sense of pride and belonging in your community. It allows residents to take ownership of their neighborhood and work together to make it a better place to live.

Advocacy for Neighborhood Interests: The EHNA association advocates for resources and services that benefit the community.

Impact on Local Policies: Through collective action, the EHNA and surrounding neighborhood associations work together to influence local policies and regulations. We are working to shape the future of the neighborhood in ways that align with residents' interests and needs.

Overall, joining the Eastern Hills Neighborhood Association can be a way to actively participate in the well-being of your community, build connections with neighbors, and work towards a safer, more vibrant, and more attractive neighborhood. It allows residents to have a say in the direction their neighborhood takes and contributes to a stronger sense of community.

THE GREAT FALL MONARCH MIGRATION

by Dee Cloud

Monarch butterflies are unique. No other type of butterfly in the world makes a biannual, three thousand mile journey to ensure the survival of their species. The scientific name of the monarch, *Danaus plexippus*, means sleepy transformation in Greek, a nod to the reason behind their migratory lives. Let's explore how their scientific name describes the life cycle of the monarchs and why North Texas is ONE of the BEST viewing locations to observe monarchs during the Great Fall, and Spring for that matter, Monarch Migration.

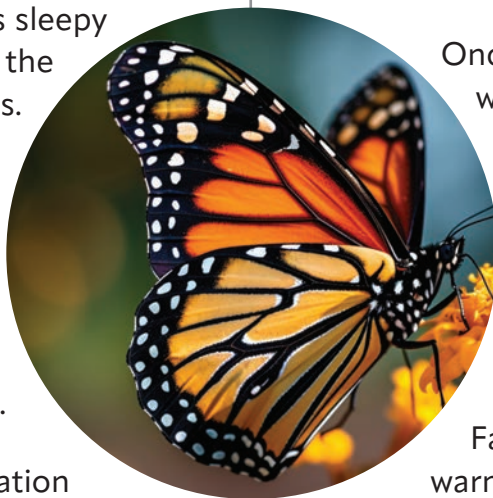
The Great Fall Monarch Migration participants have recently emerged from their pupae. These are a new generation, recently "born" in August or September. These juveniles are instinctively eager to survive and their parents have ensured that there is an abundant storage of fat in their abdomens for a journey of up to 3000 miles. Their life cycle dictates that they must survive cold weather in order to reach a reproductive age. Somehow, they know they must overwinter in butterfly swarms in the mountains of Central Mexico.

The Great Fall Monarch Migration begins in August in the Southern Part of Canada, the northernmost range of the monarch butterfly. By late September to early October, the monarchs have usually made their way down to Texas. Monarchs are trying to beat the cooler weather that will soon arrive, as they are ectotherms. Ectotherms, such as reptiles, fish and insects, are unable to maintain a constant body temperature. The monarchs are seeking a warmer climate and lucky for us, their migration route travels right down Interstate 35! Start keeping an eye out

for the monarchs. They are passing through our yards, parks, and city while on their way to Central Mexico. I have begun to see them. The first of the migrators are already passing through!

Once the monarchs have made their way south to the mountains of Central Mexico, they begin to swarm, hanging on tree branches in large numbers to survive; using group protection to increase their odds. They will remain together, in the trees, until the temperature in the mountains reaches 50 degrees Fahrenheit. Once their wings are warmed from the milder season, they will begin to migrate back north. The monarchs return to spaces that provide both food and breeding grounds.

Fields and yards across America and southern Canada provide monarchs with pollen for survival. They are living simply to reproduce. The warm climate has triggered female monarchs to lay their eggs on milkweed plants. (Milkweed is a native



Interstate 35, which stretches from Minnesota to Mexico, lies in the heart of the monarchs' migration route.

prairie plant found across America and Canada). The eggs turn into caterpillars which develop into butterflies. These butterflies are the juveniles that we will see during next year's, 2024, Great Fall Monarch Migration! The life cycle of the monarch from generation one is now complete. Both male and female monarchs will die after playing their part in the survival of this species. The timeline for the beginning of the Great Spring Monarch Migration usually begins during the second week of March.

FINAL NOTES:

Many scientists believe that monarchs are able to find their way to the mountains of Central Mexico using both solar and magnetic compasses. The exact mechanisms remain unknown.

As is the case for many species, monarchs are being affected by climate change. During recent migrations, numbers have dropped as much as 53%. Half the usual numbers of monarchs are returning to the mountains of Central Mexico than previous years. Listed below are two simple things YOU can do to help the monarchs!

Male monarchs need specific amino acids to survive and to help females lay viable eggs. An easy, quick, and helpful project is to make a butterfly puddle.

Milkweed plants provide butterfly body tissues with a terrible taste that birds and other predators do not like. In addition, the compound responsible for the unfavorable taste is toxic. What a great survival mechanism! Planting milkweed in your garden provides migrating monarchs with both pollen and a place to lay their eggs. You will enjoy viewing the brightly colored flowers of the milkweed plant, as well as watching the butterfly life cycle in action. Planting and maintaining milkweed is easy, finding native varieties is tricky. Native plant nurseries such as Eco Blossom and Weston Gardens carry native milkweed varieties.

CREATE A BUTTERFLY PUDDLE

Make your butterfly garden even more attractive to these beautiful creatures by adding a special water and nutrient source for them.

MATERIALS:

- Shallow container
- Sand
- Soil, composted manure or salt



INSTRUCTIONS:

In addition to foliage plants for the larval stage and blooming plants for the adult stage, puddles or other shallow water sources are important, primarily for male butterflies, as a source of salt and amino acids. If you have no naturally occurring puddles, try making one to add to your butterfly garden.

1. Locate a shallow container like a large clay or plastic pot saucer. You can also purchase a pre-made puddling stone. The only requirement for your container is that it be able to hold water.
2. Fill your container with sand up to the very top.
3. To provide the salts and amino acids the butterflies are searching for, add a small amount of soil, composted manure or a pinch of salt and mix with your sand.
4. Smooth out your sand and create a slight indentation in the center for your puddle.
5. Add water and then place in your butterfly garden. Next sit back and watch for large congregations of male butterflies and their drinking buddies.
6. Replace water as needed. Depending on the weather, you may need to add more water every couple of days.

8 North Texas Fall Gardening Tips

Fall is a great time to tend to your garden in North Texas, as the weather starts to cool down, making it more favorable for many plants. Here are eight fall gardening tips specifically tailored to North Texas:

- 1. Plant Cool-Season Vegetables:** In North Texas, you can plant a variety of cool-season vegetables in the fall. Consider crops like broccoli, cauliflower, lettuce, spinach, and kale. These vegetables thrive in the cooler temperatures and can be harvested well into winter.
- 2. Mulch Your Garden Beds:** Apply a layer of mulch to your garden beds to help regulate soil temperature and retain moisture. This is especially important in North Texas, where temperatures can fluctuate. Mulch also helps suppress weeds.
- 3. Watering:** Continue to water your garden, but be mindful of the changing weather conditions. As temperatures cool down, plants may require less frequent watering. Water deeply and less often to encourage deep root growth.
- 4. Plant Fall Flowers:** Add some color to your garden by planting fall-flowering perennials and annuals. Chrysanthemums, pansies, and ornamental

cabbage are great choices for North Texas gardens in the fall.

- 5. Pruning:** Trim back any dead or overgrown branches on shrubs and trees. Fall is a good time for this as the plants are going dormant. Be cautious not to over-prune, as some plants may not recover well from excessive trimming.
- 6. Fertilize Sparingly:** If your soil needs it, you can apply a balanced fertilizer to your garden in early fall. However, be cautious not to over-fertilize, as this can promote late-season growth that may be damaged by winter frosts.
- 7. Prepare for Frost:** Keep an eye on weather forecasts and be prepared to protect your more sensitive plants if frost is predicted. Covering them with frost cloth or bringing potted plants indoors can help prevent damage.
- 8. Bulb Planting:** Fall is the time to plant spring-blooming bulbs like tulips, daffodils, and hyacinths. These bulbs need a period of cold dormancy to bloom in the spring, and North Texas winters provide that.





1748 Vinewood

Congratulations to
James and Connie Carter
for receiving the EHNA
September Yard of the Month!



Eastern Hills T-Shirt Are Back!

**We are once again offering the
Eastern Hills t-shirts.**

Each t-shirt sold generates a few dollars for the association. We are utilizing a local Fort Worth company to handle the printing. Curbside pickup or shipping is available.

Here's the link to order the your t-Shirt now and start wearing it to upcoming events.

ORDER NOW:

easternhillsapparel.itemorder.com/shop/sale

SPECIAL ORDERING NOTE: *The women's style t-shirt does run a little small. The unisex style runs true to size.*





Congratulations

To our own Newsletter Editor and graphic designer, Madelyn Wattigney.

Four of her original logo designs were selected for publication in the prestigious Logo Lounge Book 14.



“PULL THE TAB” DRIVE REMINDER

For everyone collecting “Pull Tabs” for our local Ronald McDonald House please continue collecting. Remember to turn your tabs in at the November potluck or contact Kris Reynolds before Christmas.

Phone: 817-480-9373

Email: kreysooner@sbcglobal.net

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a fresh start*

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COMMUNITY RESOURCES

NEIGHBORHOOD POLICE OFFICER (NPO), East District:
ROGER CANNON #3828
C: 817.994.8479 O: 817.392.4800
e-mail: roger.cannon@fortworthtexas.gov

CODE COMPLIANCE: IBN ABDUL-RAHMAN, East District
C: 817-392-6032
e-mail: ibn.Abdul-rahman@fortworthtexas.gov

CITY COUNCIL MEMBER: JEANETTE MARTINEZ, District 11
O: 817-392-8811
e-mail: District11@fortworthtexas.gov

COMMUNITY ENGAGEMENT:
Hazel Harvey Peace Center for Neighborhoods
O: 817-392-6201 e-mail: engagement@fortworthgov.org

MAYOR OF FORT WORTH: MATTIE PARKER,
O: 817-392-6118 FAX 817-392-6187
e-mail: mattie.parker@fortworthgov.org

FWISD TRUSTEE: TOBI JACKSON, District 2
O: 817-457-7816 e-mail: tobi.jackson@fwisd.org

CODE BLUE CAPTAIN: ROGER WOERNER
T: 817-319-4215 e-mail: rosswo2@swbell.net

ADVERTISING RATES

Business Card:	\$10 per month	• \$100 per yr
1/4 Page:	\$25 per month	• \$250 per yr
1/2 Page:	\$50 per month	• \$500 per yr
Full Page:	\$100 per month	• \$1,000 per yr

Paid advertisements may be submitted to mcwattigney@gmail.com.

Ad payments should be sent by mail to:
PO Box 8294, Fort Worth, TX 76124-0294

Checks are made payable to: EHNA Any ad that has not been paid within 60 days of renewal will be removed until paid. EHNA reserves the right to publish and accept or reject submissions for its publication. Acceptance of any ad by EHNA does not imply endorsement.

"News from the Hills" is published 11 times per year. Its purpose is to keep members informed of upcoming events in the Eastern Hills Neighborhood and Fort Worth area.

Newsletter Submissions: The deadline for submissions is the 1st of each month by email to: mcwattigney@gmail.com. Please include your name and phone number.

JOIN ONLINE @ www.EasternHillsFortWorth.com

2024 Eastern Hills Neighborhood Association Membership Application

Name/Names: _____

Address: _____

Email Address: _____

Email Address: _____

Telephone: Home: _____ Cell: _____ Work: _____

Please Select Your Newsletter Version

☐ Digital: Emailed Interactive PDF

☐ Printed: Delivered to Your Home

Participation Opportunity

Eastern Hills Neighborhood Association exists because residents like you volunteer to serve as officers, board members, planners, newsletter couriers, Code Blue and more. Volunteer positions are always available.

☐ Yes, Call Me — I would like to help

☐ No, Thank You — Maybe later

Annual Dues

Your 2024 dues are \$25.00 per household. Please make your checks payable to EHNA. Mail your application to:

EASTERN HILLS NEIGHBORHOOD ASSOCIATION • PO BOX 8294 • FORT WORTH, TEXAS 76124-0294