



APRIL 2023

News from the Hills

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Nichelle Lang

MARK YOUR CALENDAR



Eastern Hills Annual Plant
Saturday, April 22, 2023 8AM-12PM
1744 Yolanda Dr.
(See Page 9 for details)

Main Street Arts Festival
April 20-23, 2023 (Thursday to Sunday)
Downtown Fort Worth,
www.mainstreetartsfest.org

Mindful Market: Farmers and Artisanal
Saturday, April 22, 2023 11am-2pm
(Upcoming dates: May 27, June 24)
Texas Wesleyan | 1201 Wesleyan Street, FTW 76105
www.coatntx.org/mindful-market

EHNA Monthly Wine Night
Thursday, April 27, 2023, 6:00-8:30pm
5604 Blueridge Dr.

Mayfest
May 4 -7, 2023 (Thursday-Sunday)
Trinity Park
2401 University Dr., FTW, 76107
www.mayfest.org

Eastern Hills Neighborhood Garage Sale
Get Ready for Your Spring Cleaning
Friday, May 5 & Saturday, May 6, 2023

Eastern Hills Spring Potluck
Tuesday, May 16, 2023 6:30PM - 8PM
1744 Yolanda Dr.
(more details in the May newsletter)



from Julie West

PRESIDENT, EASTERN HILLS NEIGHBORHOOD ASSOCIATION

Dear Fellow Neighbors and Friends,

The leaves are back and beautiful! Our neighborhood is full of so many incredible colors and gorgeous Spring growth. I encourage you to visit our neighborhood plant sale this month. You can support neighborhood beautification projects and pick up a variety of plants, yard crafts and even delicious baked goods. This is our 3rd year, and it is always a wonderful time to see new and old neighbors and support this wonderful place to live.

In March, we held our first craft night and painted rocks for the plant sale. We also enjoyed a lovely wine night at Brie and Cody's beautiful home. You may want to come out and visit with neighbors at one of our upcoming wine nights. March was also a great month to clean areas of our neighborhood during the Cowtown Clean Up and the Fort Worth ISD Cesar Chavez/Dolores Huerta Day of Service at Eastern Hills Elementary Park. A big thank you to all who participated and love to see our neighborhood looking its best.

Finally, the city of Fort Worth general elections are approaching, I encourage you to exercise your right to vote and make your vote count. — Creatively, Julie West

Eastern Hills Neighborhood Association Comparative Profit & Loss One Month Ended March 31, 2023 and 2022			
Income	Jan-Mar 23	Jan-Mar 22	Change
Advertising	\$ 900.00	\$ 550.00	\$ 350.00
Membership dues	1,150.00	800.00	350.00
Total Income	2,050.00	1,350.00	700.00
Expense			
Printing-Kwik Print	55.65	47.50	(8.15)
Printing-Speedpro	289.57	-	289.57
Printing-Printplace	-	-	-
Donations	-	-	-
Meeting expense	-	-	-
PO Box 1 YR Renewal	-	-	-
Rent expense	-	-	-
Square Reader	-	-	-
Website: Name & Hosting	168.26	-	168.26
Zoom Acct Renewal	-	116.46	(116.46)
EHNA EH Basketball	33.53	-	33.53
Potluck Dinner	-	-	-
July 4th parade/picnic	-	-	-
National Night Out	-	-	-
Fall Festival	-	-	-
Holiday party	-	-	-
Wine Night Supplies	67.55	-	67.55
Total expense	614.56	163.96	450.60
Net operating income	1,435.44	1,186.04	249.40
Other Income (Expense)			
Interest Income	6.46	18.67	(12.21)
Wine Night Donations	-	15.00	(15.00)
Net Other Income (Expense)	-	33.67	(33.67)
Net Income	\$ 1,441.90	\$ 1,219.71	\$ 222.19
Cash in Bank			
Wells Fargo Checking	\$ 9,829.72	\$ 9,204.19	
CD Pinnacle	7,491.01	7,478.90	
Total cash in bank	\$ 17,320.73	\$ 16,683.09	

WINE NIGHT

Come out to the next Eastern Hills Wine Night for sipping, eating and mingling with friends and neighbors.

Thursday, April 27, 2023

6:00 PM - 8:30 PM

@ 5604 Blueridge Drive

Host: Dee & John Cloud

Please bring a snack/appetizer and a bottle of wine.

**Would you like to host a Wine Night?
Contact: Nichelle Lang • 214-868-4741**

IT'S A RECAP: *Local Happening*

District 11 Candidate Forum

By Crystal Thomas

Eastern Hills is sitting in a brand new district, District 11. With a new district, we need to vote for a new City Councilmember to represent us on Election Day, Saturday May 6, 2023. There are five candidates on the ballot for our district.

Voters wanted an opportunity to get to know the candidates, so the District 11 Candidate Forum was organized by neighborhood leaders. It was held on Monday April 3, 2023, at Meadowbrook-Poly United Methodist Church in West Meadowbrook. The fellowship hall was packed with civic minded citizens ready to listen and decide who they want to represent our community. All candidates eagerly accepted the invitation to participate in the forum and they were all well-spoken and organized. It was clear that all candidates wanted the best for East Fort Worth.

If you were not able to attend, the District 11 Candidate Forum was live streamed so you can watch the event anytime on our Eastern Hills Neighborhood group page. If you do not have access to Facebook, below you will find the list of the candidates so you can do your research before casting your ballot.

- **Early Voting:** April 24-May 2, 2023
- **Election Day:** May 6th, 2023
- **Mail Ballots:** due May 6, 2023 by 7:00 PM

District 11 Candidate Forum

Facebook Live Stream:

<https://www.facebook.com/carolypeters/videos/544550174396385?idorvanti-ty=169573746465810>

District 11 Candidates:

The Fort Worth Report: *Meet the candidates for Fort Worth City Council District 11*

<https://fortworthreport.org/2023/04/09/meet-the-candidates-for-fort-worth-city-council-district-11>

Ricardo Avitia:

www.ricardoavitiaforcitycouncil.com

Rick Herring:

www.rickherringforfortworth.com

Christopher Johnson:

does not have a campaign website

Jeanette Martinez:

www.jeanetteforfw.com

Tara Maldonado Wilson:

www.votetarawilson.com

*Check Your Mindset
Twice as Often
as Your Phone.*

SPRING PLANT SALE

Don't Miss This Event!

Saturday, April 22nd

8:00 AM - 12:00 PM

Location: 1744 Yolanda

There will be a variety of plants, garden decor, crafts and sweet treats.

Your Donations Are Welcome!

Each year we have received plant donations from several of our neighbors. This year if anyone has plants to donate it would be greatly appreciated.

LET'S CONTINUE TO GROW TOGETHER!

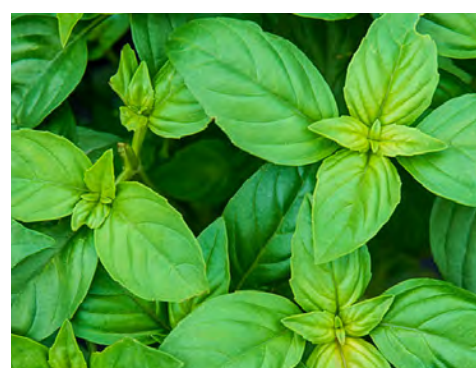
Here are just a few of the plants that will be available:

- ➔ Agave
- ➔ Ajuga
- ➔ Aloe Vera
- ➔ Anthurium
- ➔ Avocado
- ➔ Baby Sun Rose
- ➔ Basil
- ➔ Hen and Chicks
- ➔ Hostas
- ➔ Irises
- ➔ Ivy Houseplants
- ➔ Little Paddle Succulent
- ➔ Lyre Leaf Sage
- ➔ Pothos
- ➔ Purple Wandering Jew
- ➔ Red Vein Mosaic
- ➔ Sedum
- ➔ Stonecrop
- ➔ Tradescantia Zebrina
- ➔ Watch Chain

To Participate/Donate Contact

Julie West 469-569-0446 | westjulianam@gmail.com

Barbara Boyett 817-475-2939 | bboyett@sbcglobal.net



HUMMINGBIRDS

by Dee Cloud

BUT WERE AFRAID TO ASK

By now you have probably heard the shrill calls of migratory hummingbirds that visit North Texas from March to October.

The Black-Chinned, Rubythroat, and the less commonly seen Rufous, are the three most common species of hummingbirds observed in our region. In order to keep these guests healthy and happy while they are visiting, there are a few key things you should know. Hummingbirds are attracted to red and orange tubular flowers. Insects do not see the color red so competition for available nectar is reduced by simply planting "reds". Flame acanthus, Texas Lantana, Turks



RUBYTHROAT HUMMINGBIRD: male

Cap, Cardinal flower, Red Yucca, Salvia greggii, and Texas Star Hibiscus all fit the bill and are proven hummingbird carbohydrate favorites, providing energy via nectar! Hummingbirds do like all colors of flowers and will feed on any color once they realize nectar is produced. I was pleasantly surprised to find how much they enjoyed my newly planted blooming Rock Rose and Texas Skull Cap last summer! Unfortunately,

hummingbirds have predators including praying mantis and cats. For this reason, do not group hummingbird plants in one area. Spread the plants around your yard to increase a hummingbird's chance of survival; Make predators hunt, do not encourage them to sit and get.

For those of us who like to watch hummers up close, feeders offer an easy fix. I have found that the simplest and cheapest feeders work the best! Place feeders out of the reach of cats. The recommended solution is 1 cup of water to ¼ cup of sugar, no honey, no dye! Be sure the sugar is completely dissolved in warm water before pouring into the feeder. You must keep the feeders clean. If the feeder becomes cloudy, hummers will no longer feed, and the feeder must be thoroughly cleaned before new solution is added. Never clean the feeders with bleach. Use only dishwashing liquid, such as Dawn, and warm water. Be sure to rinse the feeder thoroughly before refilling with solution. If you are lucky, by mid-summer two visiting hummingbirds will become three! Hummingbirds breed while they are here so if you see a teeny tiny hummer, you are feeding the next generation! To attract multiple breeding pairs of hummingbirds, place feeders around your home, out of reach of predators that are not in sight of any other feeders.

Even though a hummer eats 50% of its weight in nectar each day, ½ of a hummer's diet is composed of insects. To help hummers obtain this important source of protein, simply stick peeled, overripe bananas on tree branches to attract insects. Hummingbirds will feed on the insects that are attracted to the fruit. In addition, bushes and shrubs house multiple species of



Female **BLACK-CHINNED** feeding on Turk's Cap

insects and are important feeding grounds for hummers. These same bushes and shrubs may also serve as hummingbird nesting sites.

Let's take a quick inventory, carbohydrate sources, check, protein sources, check. There is one more gift you may choose to offer these delightful visitors, a fresh water source. Hummingbirds prefer moving water that is less than 1/2 inch deep. A small pump placed in a bird bath that is covered with pebbles and filled with water, 1/2 inch deep, fulfills these requirements.

Like most birds, hummingbirds exhibit sexual dimorphism with males having the most vibrant of colors. Since we have three common species, identification is fairly easy. Keep in mind however, that the juvenile's feather coloration may vary slightly from either the male's or the female's. To keep things interesting with identification, it is also important to note that hummingbird species have been known to interbreed.

Now that you are becoming a hummingbird expert, see how many you can attract.

Hummingbirds must regain body weight after migration. If you have the time and energy, choose a gift or two previously noted that will increase their survival and reproductive rates. You may even choose to keep a nature journal noting their arrival and departure dates, number of breeding pairs, as well as the number of offspring produced each year.

Happy Hummingbirding!

For male and female images of the most common species in our region and other species of hummingbirds visit the following site:

birdwatchingbuzz.com/male-vs-female-hummingbird

MORE FRIENDLY PLANTS

Texas Hummingbird Mint is a very rare wildflower with aromatic, raspberry- pink flowers that cover the plant for several months in late summer. Highly attractive to hummingbirds.

Honeysuckle is fragrant with a sweet nectar. Honeysuckles are heat-tolerant and wildly attractive in any garden. A honeysuckle plant is a great addition to any landscape and will draw abundant wildlife with its sweet, yellow to bright-red blossoms.

Salvia is easy-care making them ideal candidates for a colorful, low-maintenance garden. Sun and a well-draining, compost-enriched soil may be all salvias need for months of bloom.

CLEAN! CLEAN!! CLEAN!!!

In Fort Worth, spring cleaning is traditionally kicked off by the **38th Annual Cowtown Great American Cleanup** and this year was no different. On March 25th the city's single largest litter cleanup and beautification event took place. Volunteers from neighborhoods, schools, churches, and businesses picked up litter.

For the first time, Fort Worth ISD partnered with **Keep Fort Worth Beautiful** and held their own clean-up program on March 27th — **The Cesar Chavez/Dolores Huerta Day of Service**.

Several of our neighbors armed with pickers and gloves participated in one or both clean-up events. We're thankful for their hard work and dedication.





1733 Danciger Drive: Congratulations to the Calzada/Vazquez family for receiving the EHNA April Yard of the Month!



EHNA SPRING NEIGHBORHOOD GARAGE SALE

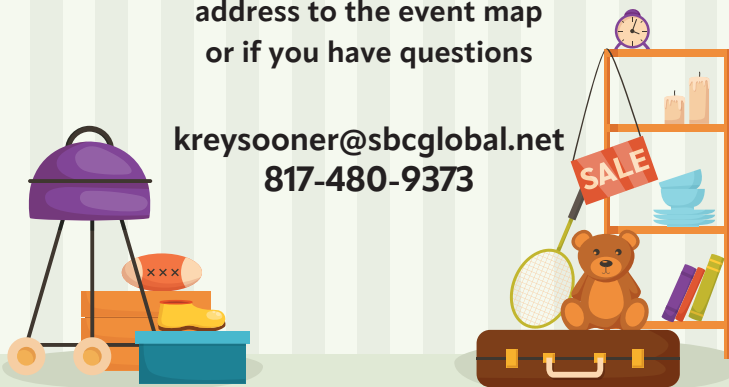
Join Your Neighbors In This Annual Eastern Hills Tradition.

May 5-6, 2023

Sign Up Now!

Contact Kris Reynolds to add your address to the event map or if you have questions

kreysooner@sbcglobal.net
817-480-9373



EHNA May Potluck

Celebrate Spring at our Annual Potluck. This event is an excellent opportunity to meet your neighbors and learn about the Eastern Hills Neighborhood Association. Mark your calendar and plan to attend.

Tuesday, May 16, 2023

6:30 PM - 8:00 PM

Host: Jean McClung

1744 Yolanda Drive

The neighborhood association will provide the main entrée and beverages. Bring your favorite Side Dish, Salad, Dessert or just Yourself.

EHNA BYLAWS REVISIONS

At the Tuesday, May 16, 2023 Potluck gathering the EHNA Membership will be asked to approve the latest revisions. The revised Bylaws will be presented for review, discussion and then a vote. Any changes or amendments to the Bylaws will only be accepted by a two-thirds vote of the current membership present at that meeting.

The revised Bylaws may be viewed at:
www.easternhillsfortworth.com/bylaws.html

Please review the document prior to the May meeting. If you have questions, feel free to contact me.

Diane Wahl
EHHA Parliamentarian
dianewahl@yahoo.com



Sympathy

To Kevin Arnett on the loss of his
grandmother, Gay Morris



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on the Good
the Good Gets Better*

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Mortgage interest rates are always changing, and there are a lot of factors that can sway your interest rate. Currently, the interest rate has settled in from the high 5's to the high 6's. Your interest rate will depend on the following:

- Your Credit Score
- Your Loan Program
- Your Down Payment

It is still a good market to buy or sell. We have buyers who still need homes and sellers who are ready to move or downsize. The interest rate is in the "normal" range. The last few years were the exception and not the rule. If you want to buy or sell, it is still a good choice to make.

*Give me a call if you are considering
becomeing a buyer or seller.*

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or Burn Whole Forests Down.*

COMMUNITY RESOURCES

NEIGHBORHOOD POLICE OFFICER (NPO), East District:
ROGER CANNON #3828
C: 817.994.8479 O: 817.392.4800
e-mail: roger.cannon@fortworthtexas.gov

CODE COMPLIANCE: IBN ABDUL-RAHMAN, East District
C: 682.444.6214
e-mail: lbn.Abdul-rahman@fortworthtexas.gov

CITY COUNCIL MEMBER: ALAN BLAYLOCK, District 4
O: 817-392-8804 FAX 817-392-6187
e-mail: District4@fortworthgov.org

COMMUNITY ENGAGEMENT:
Hazel Harvey Peace Center for Neighborhoods
O: 817-392-6201 e-mail: engagement@fortworthgov.org

MAYOR OF FORT WORTH: MATTIE PARKER,
O: 817-392-6118 FAX 817-392-6187
e-mail: mattie.parker@fortworthgov.org

FWISD TRUSTEE: TOBI JACKSON, District 2
O: 817-457-7816 e-mail: tobi.jackson@fwisd.org

CODE BLUE CAPTAIN: ROGER WOERNER
T: 817-319-4215 e-mail: rosswo2@swbell.net

ADVERTISING RATES

Business Card:	\$10 per month	• \$100 per yr
1/4 Page:	\$25 per month	• \$250 per yr
1/2 Page:	\$50 per month	• \$500 per yr
Full Page:	\$100 per month	• \$1,000 per yr

Paid advertisements may be submitted to mcwattigney@gmail.com.

Ad payments should be sent by mail to:
PO Box 8294, Fort Worth, TX 76124-0294

Checks are made payable to: EHNA Any ad that has not been paid within 60 days of renewal will be removed until paid. EHNA reserves the right to publish and accept or reject submissions for its publication. Acceptance of any ad by EHNA does not imply endorsement.

"News from the Hills" is published 11 times per year. Its purpose is to keep members informed of upcoming events in the Eastern Hills Neighborhood and Fort Worth area.

Newsletter Submissions: The deadline for submissions is the 1st of each month by email to: mcwattigney@gmail.com. Please include your name and phone number.

JOIN ONLINE @ www.EasternHillsFortWorth.com

2023 Eastern Hills Neighborhood Association Membership Application

Name/Names: _____

Address: _____

Email Address: _____

Email Address: _____

Telephone: Home: _____ Cell: _____ Work: _____

Please Select Your Newsletter Version

Digital: Emailed Interactive PDF

Printed: Delivered to Your Home

Participation Opportunity

Eastern Hills Neighborhood Association exists because residents like you volunteer to serve as officers, board members, planners, newsletter couriers, Code Blue and more. Volunteer positions are always available.

Yes, Call Me — I would like to help

No, Thank You — Maybe later

Annual Dues

Your 2023 dues are \$25.00 per household. Please make your checks payable to EHNA. Mail your application to:

EASTERN HILLS NEIGHBORHOOD ASSOCIATION • PO BOX 8294 • FORT WORTH, TEXAS 76124-0294